

Training schedule

Naomh Ólaf

May to October 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time
	Area 1 Juvenile	Area 1 Juvenile	Area 1 Juvenile	Area 1 Juvenile	Area 1 Juvenile	
18:00	U9 Boys	U11 Girls	U8 Boys	U9 Boys	U9 Girls	18:00
19:00	U15 Boys	Senior/Junior & Minor Camogie	U13 Boys	U14 Boys	Senior Ladies	19:00
20:00		Junior Football	Minor Boys	Minor Ladies Camogie	Minor Boys	20:00
21:00						21:00
	Area 2 Juvenile	Area 2 Juvenile	Area 2 Juvenile	Area 2 Juvenile	Area 2 Juvenile	
18:00	U8 Boys		U9 Girls	U8 Girls	U10 Girls	18:00
19:00	U14 Girls	Senior/ Junior & Minor Camogie	U15 Boys	U15 Girls	U16 Boys	19:00
20:00	Minor Girls Football	U16 Boys	Minor Girls Football	Junior Mens Football	Minor Boys	20:00
21:00						21:00
	Soccer	Soccer	Soccer	Soccer	Soccer	
18:00	U11 Boys	U10 Girls		U10 Boys	U11 Girls	18:00
19:00	U13 Boys	U15 Girls		U12 Boys	U12 Girls	19:00
20:00	U16 Girls				Mens Social Hurling	20:00
21:00						21:00
	Benildus Ave.	Benildus Ave.	Benildus Ave.	Benildus Ave.	Benildus Ave.	

19:00	U13 Girls	Relocation Area	Relocation Area	Relocation Area	Relocation Area	19:00
20:00	Relocation Area	Relocation Area	Relocation Area	Relocation Area	Relocation Area	20:00
21:00	Relocation Area	Relocation Area	Relocation Area	Relocation Area	Relocation Area	21:00
	Lwr. Go-Games	Lwr. Go-Games	Lwr. Go-Games	Lwr. Go-Games	Lwr. Go-Games	
18:00	Relocation Area	Relocation Area	Relocation Area	Relocation Area	Relocation Area	18:00
19:00	U 12 Boys	Relocation Area	Relocation Area	Relocation Area	Relocation Area	19:00
20:00	Mothers Football	Relocation Area	Relocation Area	Relocation Area	Relocation Area	20:00
21:00						21:00
	Hurling Wall	Hurling Wall	Hurling Wall	Hurling Wall	Hurling Wall	
18:00	Rotate between 18:00 teams	Rotate between 18:00 teams	Rotate between 18:00 teams	Rotate between 18:00 teams	Rotate between 18:00 teams	18:00
19:00	Rotate between 19:00 teams	Rotate between 19:00 teams	Rotate between 19:00 teams	Rotate between 19:00 teams	Rotate between 19:00 teams	19:00
20:00	Rotate between 20:00 teams	Rotate between 20:00 teams	Rotate between 20:00 teams	Rotate between 20:00 teams	Rotate between 20:00 teams	20:00
21:00						21:00
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NOTES

In the event of a match on your allocated pitch, please move to a **relocation area**

* **Area 4** should be avoided if there is a match on the senior pitch - Danger of ball strike!