

Training schedule

Naomh Ólaf

January to April 2024

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Time
	Area 1	Area 1	Area 1	Area 1	Area 1	
18:00	U10 Boys	U8 Girls	U9 Girls	U11 Boys	U11 Girls/ U10 Girls	18:00
19:00	U12 Boys / U14 Boys	U15 Girls	U15 Boys	U14 Girls	U12 Girls	19:00
20:00		Adult Mens Football	U16 Girls	Adult Junior Men's Football		20:00
21:00						21:00
	Area 2	Area 2	Area 2	Area 2	Area 2	
18:00	U8 Boys	U10 Girls	U8 Boys	U9 Boys	U9 Girls	18:00
19:00	U13 Girls / U13 Boys	U12 Girls	U13 Boys	U14 Boys	Ladies Senior Football	19:00
20:00		Adult Junior Men's Football	Junior Ladies Football	Adult Camogie		20:00
21:00						21:00
	Area 3	Area 3	Area 3	Area 3	Area 3	
18:00	U11 Boys			U8 Girls		18:00
19:00	U14 Girls / U15 Boys	U11 Girls	U13 Girls	U12 Boys		19:00
20:00				Adult Camogie		20:00
21:00						21:00
	Area 4	Area 4	Area 4	Area 4	Area 4	
18:00	U9 Boys			U10 Boys		18:00
19:00	U14 Girls / U15 Boys	U11 Girls	U13 Girls	U15 Girls		19:00
20:00				Adult Camogie		20:00
21:00						21:00
	Hurling Wall	Hurling Wall	Hurling Wall	Hurling Wall	Hurling Wall	
18:00	Share between Area 3 & 4	Share between 18:00 teams	Share between 18:00 teams	Share between Area 3 & 4	Share between 18:00 teams	18:00
19:00	Share between Area 3 & 4	Share between 19:00 teams	U13 Girls	Share between Area 3 & 4		19:00
20:00			U16 Girls	Shared between Adult Camogie & Hurling		20:00
	Stepaside	Stepaside	Stepaside	Stepaside	Stepaside	
18:00					U16 Boys & U10 or U11 Girls	18:00
19:00	Week 1 U13B, U14B, U15B / Week 2 U12B, U13G, U14G *	Minor & Adult Camogie			1/2 Pitch - Minor Boys	19:00
20:00		Adult Hurling	1/2 pitch - Minor Boys			20:00
	Benildus	Benildus	Benildus	Benildus	Benildus	
18:00						18:00
19:00						19:00
20:00	Junior Ladies Football & U16 Girls	1/2 pitch - U16 Boys		1/2 pitch - Minor Girls		20:00
	Rosemont	Rosemont	Rosemont	Rosemont	Rosemont	
18:00			U8 Boys			18:00
19:00						19:00
20:00						20:00
	Kilmacanogue	Kilmacanogue	Kilmacanogue	Kilmacanogue	Bray	

18:00						18:00
19:00	Ladies Senior Football		Ladies Senior Football		Senior Hurlers	19:00
20:00	Mens Senior Football		Mens Senior Football			20:00
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